

# Welcome

Thanks for using the saunas. Please read the instruction throughly before using it. To avoid any damages, please use it follow the instruction.

# Warning

To prevent any fire or electrical shocks. Please do not expose the electric appliance part under the rain or in the moist place! To prevent electric shock, do not open the electric appliance lid! Only maintain by qualified technician!

## We Care Your Health!

## • • • Dear Customer,

Congratulations. On your purchase of the sauna .the new generation sauna in the world. We are confident that you will enjoy many benefits of using the sauna for years to come.

Carefully and thoroughly read this manual in its entirety before using the sauna for the first time.we recommend keeping this manual for regular review and future reference.

I attribute this growth and success entirely to our customer satisfaction,the recognized health benefits and the quality of our workmanship. We use only the best materials coupled with state-of-the-art contruction and the highest safety standard in the industry.

You will be surprised at the noticeable effects on pain relief weight control.skin stimulation and stress reduction due to an increased blood circulation. When using ther sauna.

Whatever your needs.we invite you to experience the difference with the sauna. A difference in health benefit a diffence in quality.and a difference in attitude of our team service and support.

The whole team is looking forward to serving your needs.

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## Conditions of use

1.Temperature from +5  $^{\circ}$ C  $\sim$  +40  $^{\circ}$ C (+41  $\sim$  +104  $^{\circ}$ F)

2. Relative humidity ≤ 85%

3. Depression:700~1060 hpa

4. Main supply: AC □ 110V □ 120V □ 220V □ 230V □ 240V

Frequency: ☐60Hz±1 ☐50Hz±1

## **General technical characteristics**

1. Functions processed by microprocessors

- 2. Temperature adjustable from 30°C to 65°C (86-149°F)
- 3. Adjustable dwell time from 0 to 60 minutes
- 4. Soft touch key
- 5. Long-live heater

## **Packaging and Individual Panel Information**

The sauna is packed in 2 boxes or 3 boxes:
PLEASE FIND OUT THE SAME NUMBER OF THE CARTON BOX.
FOR EXAMPLE: "N0.001 1 0F 2"FIT "N0.001 2 0F2"ON CARTON PACKAGE."
(OR"N0.005 1 OF3"FIT"NO.005 2 OF 3", "NO.005 3 OF 3")
THEN YOU CAN ASSEMBLE OUR SETS EASILY.











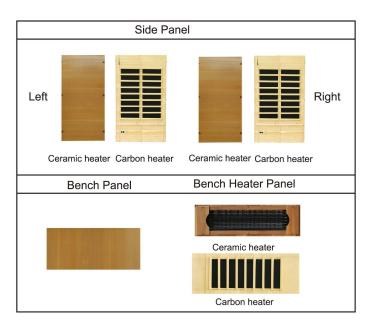


NOTE: PLS D0 NOT MIX PACKAGE(MEANS PARTS FROM DIFFERENT BOXES CAN NOT BE INSTALLED TOGETHER, OR EXCHANGED).

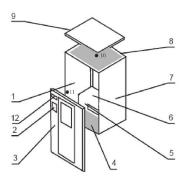
Parts list of a sauna room						
Bottom Panel Top Panel						
Bench Panel	Bench Heater Panel					
Front Panel	Left Side Panel					
Right Side Panel	Back Panel					
Accessories						
Accessories						

Below are pictures of individual panel for the 2- person model other models vary.





WARNING!!!The receptacle must be installed by a qualified electrician only



- 1.Left Side Panel
- 2.Digital control panel
- 3.Front Panel
- 4.Bottom Panel
- 5.Bench Heater Panel
- 6.Bench Panel
- 7. Right Side Panel
- 8.Back Panel
- 9.Top Panel
- 10.Light
- 11.Cup holder
- 12.CD Player

#### Installation Information

a.Do not plug any other appliances into the power socket with your sauna. b. the sauna should always be placed on a level surface.

c.the sauna must be placed indoors and in a dry area.

d.Do not spray the exterior with water. If the floor is damp, install a floor separator to keep the sauna high & dry.

e.Do not store flammable objects or chemical substances near the sauna.

## **Assembly Instructions**

Assembly of the sauna requires at least 2 adults to complete. Please read the instructions thoroughly before and during assembly to ensure proper installation of the unit. If you encounter any problems or have questions during assembly, please feel free to call our Customer Service or local dealers.

We have two installation methods. We will introduce you to two parts.

The first method: How to install the buckles sauna.

#### (1) LOCATION OF SAUNA

When determining a location for your sauna, please keep in mind the following:

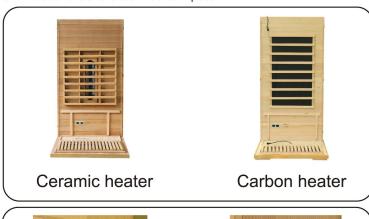
- 1. The Main Power Cord on the sauna, must be easily accessible.
- 2. The location must be dry and leveled.
- (2) PLACING BOTTOM RANEL

Place the Bottom Panel on the ground and make sure that the "FRONT" sticker is facing the direction where the front of the sauna would be.

## (3) CONNECTING BACK PANEL TO BOTTOM PANEL

Connect the Back to the Bottom Panelbylining up the Back Panel on the groove of the Bottom Panel. Align buckles on both panels and fasten them if applicable.

Keep in mind that the Back Panel will not have enough support from the buckles alone until the Side Panels have been installed in place.

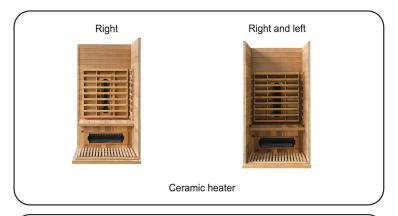




# (4) CONNECTING SIDE PANELS

Connect the Side Panels to the Botton Panels by lining up buckles and fastening them.

1.Each Side Panel has a white label to identify which side it is. The panel with "LEFT PANEL" label should be placed on the left side when facing the sauna from the front.





## (5) INSTALLING BENCH HEATER PANEL

Slide down the Bench Heater Panel by lining up its sides with the Vertical Guides on each Side Panel.

- 1. Bench Heater Panel must be positioned so that the "TOP" sticker is facing up and the heater facing outward.
- 2. Be careful not to scratch the Side Panels when positioning the Heater Panel.







#### (6) PLUGGING BENCH HEATER CABLE

Plug in the Bench Heater Cable to the outlet located on the Back Panel Make sure connection is secure.





#### (7) INSTALLING BENCH PANEL

Install the Bench Panel by sliding it over the Horizontal Guides on each Side Panel. Be careful not to scratch the Side Panels when doing so.

Make sure to position the Bench so that the back side is facing back, the smooth and finished side of the Bench are facing up and forward.

Fix the Bench Panel to the Bench Heater Panel with two screws







# (8) INSTALLING W00DEN WEB(For the ceramic heater model only) screwing the screws of the web back to the back panel.





## (9) CONNECTING FRONT PANEL

Place the Front Panel on the Bottom Panel.

Align buckles with both Side Panels and secure in place by fastening the buckles.



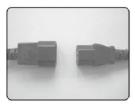
## (10) PLACING TOP RANEL

- 1. Open Sliding Doors 1ocated on the Top Panel
- 2. Put the Top Panel on the assembled panels.
- 3. Plug the heater wires through the holes around the Top Panel.
- 4. Gently place the Top Panel onto the rest of the assembled panels. When all four corners are in place, gently push down the Top Panel until it is snugly fit over the rest of the panels.
- 5. Make sure that the cables around the corners do not get pinched between the panels.



## (11) POWER SUPPLY CONNECTIONS

The power supply connector is like this:





- 1. Open the Sliding Door located on the top panel where you can find wire terminals. (If you can't find the wire terminals, just open the cover of the Top Panel by unscrew it)
- 2. Please connect the power supply code as follow pictures:







## (12) STEREO AND CONTROL PANEL CONNECTIONS

We have two installation methods, we'll introduce you to two parts.

The first method: If you CD-PLAYER is in the outside, please install it like following pictures:

Install CD:





Firstly plug the Connector pin to the socket on the back of the CD(You can pull out by pressing the top of the connector pin) and then the plug of the antema.





Screw down the cover of the CD box.





The second method: If you CD-PLAYER is in the inside, please install it like following pictwres:







Plug the connector pin of the inside control panel in the connector socket. Then attach the inside control pane1 by screws. (If you can't find the connector, just open the cover of the Top Panel by unscrew it.)







## (13) INSTALLING CUP HOLDER



attaeh Cup holders in the fore left corner and the fore right corner(when sitting in the sauna).

## (14) DOORKNOB INSTALLATION

WARNING!!!We have two types of Doorknob, we'll introduce you to two parts.

#### The first method:

1. Align the Outside Doorknob against 2 holes on the outside of the door, hold it at an angle against the door.

2. Insert the screw into the hole located on the inside of the door, screw until it is tightly fit.







The second method:
Install the doorknob like the follow pictures.







The second method: How to install the inner buckles sauna. If you buy the inner buckles sauna, please install it like this: The inner buckles like following pictures.





1. Placing bottom panel



2 .Placing the back panel



3. Placing the left panel and connect it with back panel.



4.Install the bench panel, then make sure the connectors is on way. Put the bottom heater on the bottom panel.







5. Pacing the front panel on the right place, connect it with the left panel. Then the right panel, last the top panel.







6. The others install way are the same to the buckles sauna.

(16) PLUG YOUR SAUIVA INTO THE WALL OUTLET AND IT'S READY TO BE ENJOY BY YOU AND YOUR FAMILY!

## **Digital Control Operating Instructions**

Button and indicator	Function
Temperature "+/-" button	Temperature will increase or or decrease by degree at a time.By holding down the" +/- "keys,you can speed the rate of change.
Time"+/-" button	Time will increase or decrease by degree at a time. By holding down the '+/-'keys, you can speed the rate of change.
'inner light'.'outside light" button	Light switch (out side light is optional)
"power" button	Power on/off
Indicator button	"Power" light: starting up status."Heat" light: Lights up when heated."Set light: light when settings."C"/F"light: Displays the current Current temperature mode.
Color Light	The Color Light key, press it shortly for ON/OFF. Press in long time till "LX 2n" is shown, then press it for changing the colors.

#### 1. START-UP

- a)Device powers plug in a separate well-grounded three-hole outlet, "Power indicator lights.
- b)Press"Power' button, tum on the equipment, left window display temperature, the right one display time.
- c)During working time, this equipment needs somebody's attention, please power off on time when leaving.
- 2. Enjoying sauna
- a) SETTHE TEMPERATURE

Press the TEMPERATURE "+' or'—"buttons to adjust the temperature. Temperature display window show actual time when there is no operate, it will show set temperature when adjusting.

#### b) SET THE TIME

Press the TIME"+ or-"to set the sauna time. When it is remaining 1 minute, beep reminder, then you can reset the time. Time is 0, automatic shut down.

C)The temperature and time set last time will be automatic memory and it will be boot automatically use in the next time.

#### 3. READING LIGHT

Press Inner Light button or outside light to turn on or off light. It is not control by the remaining time and Power button.

#### 4. SWITHCING BETWEEN °F AND °C

Press the temperature"+" and"-"key together, the corresponding indicator lights.

#### 5. TURN OFF THE SAUNA

Press POWER button to turn off the sauna. If not use sauna for a long time, please unplug the power plug.

#### 6. Continuous work:

To extend the sauna using life, please make rational use of the equipment after every 3 hours of continuous work should be shut down for 30 minutes.

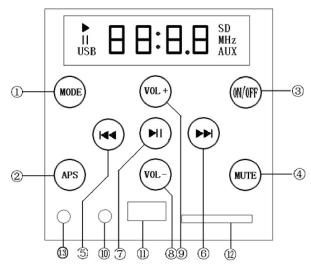
#### 7. Warning code:

Built-in automatic defection of the sauna, the meaning of the code is as following a) High temperature protection:

The temperature display twinkle"H" and the buzzer alarm, and then please turn off and turn on sauna again after cooling down.

#### b)Show"EP":

Temperature sensor failure, confirmed that the sensor is connected properly or contact after-sells institution.



#### Panel shows

①MODE	<b>⑤BACK</b>	<b>@AUXINPUT</b>
FM- AUX- BLUE- SD- USB	<b>6</b> FORWARD	<b>®USB</b>
2APS	<b>⑦PLAY/ STOP</b>	12 SD
30N/ OFF	<b>®VOLUME-</b>	<sup>®</sup> Micro phone
<b>4</b> MUTE	<b>9VOLUME+</b>	

Bluetooth connection status: Device NameG-811

When the call is coming through blue tooth, the music stops automatically.

Press the Play Key in short time to answer the call.

Press the Play Key in long time to refuse the call.

During speaking through blue tooth, press the Play Key in short time to hang up and press the Play key in long time to shift to Mobile phone.

Radio initialization by pressing the Play Key in long time, the Radio will automatically search and memory as record.

# Oxygen Ionizer Application Guide (Only suitable for the models that chosen Oxygen Ionizers)

Ionizer releases negative ion to purify the air, dispense natural floral fragrances to enhance people's mood and help stimulate relaxation.

The type of oxygen ionizer:

1 Turn to Ion, Prevent air conditioner disease.

2 Turn to O3, Ozone disinfection.

Warning: O3 is harmful, please don't step into the sauna when turn on the O3.

## **Color Light**

# (Only suitable for the models that chosen Digital Color Therapy system )

The Color Light key, press in long time till "LX 2n" is shown, then press it for changing the colors.

# Enjoying your Sauna INSTRUCTIONS FOR USE

Review all health and safety instructions. If in doubt as to the Advisability of using your sauna, consult with your physician. If you feel light-headed or heat-exhausted during a session, exit the sauna immediately.

- 1. Set the temperature to a comfortable level, normally40-50 °C.
- 2. Allow approximately 8-15minutes for the sauna to warm up before beginning a session.
- 3.Perspiration will begin within 6 to 15 minutes after stepping into the unit. We recommend that a sauna session does not exceed 30minutes.
- 4. When the temperature reaches the level set on the thermostat, the heaters will turn off and on periodically to maintain the desired temperature leve1 inside of the sauna.
- 5. The front door/window ceiling vent can be opened at anytime to introduce fresh air into the sauna.
- 6. Unique property of direct penetration into the body without heating the intervening air in-between allows sauna users to enjoy all of its benefits while the door or window of a sauna is open for ventilation.
- 7. Always drink plenty of water before, after a sauna session. will replenish lost fluids from the body through perspiration.

- 8. Choosing to take a hot shower or bath prior to the sauna session will further promote perspiration, However, dry off thoroughly before. going into the sauna because excessive water will stain or warp the wood. A shower after the session is refreshing and rinses perspiration from the body.
- 9. To absorb perspiration and keep the sauna tidy during the session place a towel on the bench and floor of the sauna. Keep one towel handy to wipe excessive sweat from your body.

## Tips for Use

- 1) To regulate the temperature inside the sauna during your session, use the roof event or the door window(by setting it at an angle).
- 2)If you feel the need for more cooling, simply leave the door open until The air around you feels comfortable enough.
- 3) Drink plenty off fluids prior to. during, and after your session.
- 4) If you take a hot/warm shower or bath before your sauna session, you May perspire more. Try it with and without bathing or showering first to determine which way you prefer.
- 5) To utilize the sauna's heat therapy effect, give your hair a hot oil treatment while in the sauna,. Put oil or treatment into your hair and wrap it with towel. After the session is over, rinse your hair throughuy.
- 6) Use at least 2-3 towels. Sit on one towel folded over several times for added cushioning. Put another towel on the floor to absorb extra sweat. Athird towel draped over the knees may aid you in comfoft and is useful to towe1 off sweat.
- 7) Be sure to towel off exass sweat during your session to help the body perspire more fi1eely.
- 8)To help relieve sore and tense muscles, massage the affected areas while in sauna to help heal faster.
- 9) Shaving your face orlegs with a razor while profusely sweating in a sauna yields an incredibly smooth result without the use of gels or foams.

- 10) Do not eat anything at least an hour before your sauna session. It is better to go in the sauna on an empty stomach. You are more likely to feel uncomfortable sitting in a sauna with a full stomach.
- 11) To make the most out of your sauna session, work your muscles while in the sauna. Stretch your arms and legs, massage your neck.massage your feet, etc.
- 12) You can benefit from the relaxing and soothing effects of a regular sauna session by going to sleep afterwards. The peaceful and relaxed state rendered by a sauna session will help you sleep easier and better.
- 13) At the first sign of cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of the viruses.
- 14) Consult your physician for the proper treatment for this or any other conditions
- 15) To treat your ankles and feet more efficietively, you must elevate them while inside the sauna. Any area that you wish to achieve a specific deep heating effect in should be moved as close to one of the heaters as feels comfortable.
- 16)After the session is over, do not immediayely jump into the shower. Since your body was heated up duling the session, it will continue to sweat even after the heaters are off. Sit in the sauna with the door open and let the body sweat a little more while it cools off. After you feel comfortable enough take a warm shower and finish it off with a cold shower to cool off completely.

## Warnings

The appliance is not intended for use by persons (including children) reduced physica1l, sensory or mental capabilities, or lack of experience and knowledge,unless they have been given supervision or instructions concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance!

## Safety instructions

- 1. Read and follow all instructions carefully.
- 2. When installing and using this electrical equipment, basic safety precautions should always be followed.
- 3. Do not use the sauna immediately following strenuous exercise. Wait at least 30 minutes to allow the body to cool down completely.

#### Safety precautions

- a. To avoid fire, do not dry clothes or leave any towels in the sauna.
- b. To prevent bums or electric shocks, do not touch or use metal tools on the net cover of the far heater elements. While in the sauna, do not touch the light bulb. If the bulb needs to be changed, switch it off and wait until the sauna is shut off and the bulb is cool
- d. Do not spray water on the heater. This activity may result in electric shock or damage to the heater elements.
- e. Do not use the sauna, if you have any of the following conditions:
- 1) Open wounds
- 2) Eye diseases
- 3) Severity sunburns
- 4) Elderly & weak people, especially those suffering from a disease, pregnant women and infants are prohibited. Children over the age of 6 years of age may use the sauna under the supervision of adults.
- 5) If suffering from a disease directly related to temperature, seek the advice of a doctor before use.
- 6) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.
- 7) Persons using medications should consult a physician before using the sauna since some medications may induced drowsiness while others may affect heart rate, blood pressure, and circulation.
- 8) Do not place pets in the sauna.

9) Do not use the sauna if you are under the effects of alcohol. The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness.

### **Limited Warranty**

We warrants the sauna to be free of defects in material and workmanship.

Heaters
 Workmanship
 Electrical Components
 Radio/CD player
 months
 12 months

This warranty extends only to the original retail purchaser of the sauna. And terminates upon transfer of ownership. Freight charges to and from the customer are the responsibility of the customer. This includes freight charges for parts shipped to enable the services of: your sauna. This warranty is void if the sauna has been altered, misused, or abused.

Such instances shall include operation or maintenance of the sauna in deviation to the published instructions. The warranty extends only to the manufacturing defects and does not cover any damages resulting From mishandling of the product by the owner.

We shall not liable for the loss of use of the sauna or other incidental or consequential damages. Under no circumstances shall we or any of its representatives be held liable for injury to any persons or damages to any properties. Some states do not allow exclusion or limitation of incidental or consequential damages, so the above limitations or exclusions may not apply to you. This warranty gives you specific legal rights, and you may also have other rights vary from state to state.. Specifications are subject to change without notice.

For your record ,please complete the following information.				
Date of Purchase				
Date of Delivery				
Mode1 Number				
Mode1 Number				
Dealer Information (Name & Phone)				

## Frequently Asked Questions

PS: MAKING SURE SHUT OFF ELECTRICITY BEFORE YOU DOING IT.

If the supply cord is damaged, it must be replaced by the Manufacturer, its service agent or similarly qualified persons in order to avoid a hazard.

## 1. The control panel does not work

	Problem	Explanation	Solution
1	The power indicator is not on.	Overcurrent protector is working	Reset the overcurrent protector
2	The soft keys do not work.	unplug sauna, wait a minute and plug back into power: source	

## Reset the over current protector

- 1. Open the cover on the Top Panel.
- 2. Press the button of the over current protector on the side of Main Power Box.
- 3. Close the cover on the Top Panel.



## 2.Rea ding light does not work

		Problem	Solution		
	1	LED light is burned out.	Change the LED light(≤3W)		

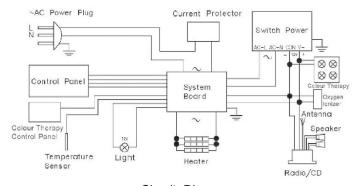
## Change the bulb

Push down the bulb together with the cover from the top panel, then pull down the plug, Take off the metal pin around the bulb while also take down the broken bulb, next, put anew bulb into the original place, put on pin and install onto the top.









Circuit Diagram

## 3. The heater does not heat up

	Problem	Explanation	Solution	
	Part of the heater does warm up	The heater is defective.	Replace with new heater	
1		A portion of the heater is not connected well.	Connect them tightly.	
2	The entire room does not heat up.	The Control panel is damaged.	Replace the control panel.	
		The plug is not plugged in correctly.	Re-plug in the machine.	
3	Bench heater does not heat	The bench heater Cable is not plugged tightly into the outlet on the Back Panel.		

## Change the ceramic heater.

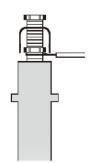
Firstly take away the metal cover on the heater.

- I. Screwing the screws of the out cover and displace it.
- 2. Screwing the ceramic hat of the tube, take away ceramic protect, screwing the meta1 screw inter of it, moving lines away
- 3. Doing the same process as 2, and then, dismantling the bottom fixing tube steel wire away.

When you assembling it, please doing the process from 3 to 1 Finally close the web cover .







## Change the carbon heater.

- I. Remove the screws. Then Removing the broken carbon heater
- 2. Change the new carbon heater and screw it on the sauna panel. Like the Pictures:











## Maintenance

- 1. Cleaning
- a, Clean the faceplate with a wet towe1. or clean with a small amount Of hand\_Soap missed with warm water if necessary Clean the sauna with a wet cotton towe1, dry with a clean dry towel.Do not use benzene, alcohol, or strong cleaning chemicals on sauna.

NOTE:Any chemical that can damage wood material will damage the sauna and the protection layer that is on the wood.

## Transportation and storage

I. Avoid exposure to rain, snow or strong co11 isions during transport.

2. Do not store in damp environment.



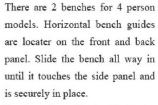














Front panel must be installed prior to installing bench heater panels and benches for 4 Person models.

## ● ● ● Corner Model only:

1.Place the bottom panel on the dry ground.



2.Place front panel on the bottom panel as the following pictures, someone should hold the front panel in position. 3. Connect the right panel to the front panel, using the inner buckles. Each panel has its own label. It's easy to get the position where it should be.





4.And then left panel, the same method should be done as the right panel.







5. Place the left back panel. Before it's ready, it's strongly advised to put the right heater bench by sliding over the vertical bench guides between the left back panel and the right panel as the following pictures. Then fix the left back panel using metal buckles.





6.Fix the right back panel using metal buckles, install the left heater bench. by sliding it over the vertical bench guides as the picture show.





7. Before install the left and right bench. The connectors should be ready.





8. Place both benches in place where they should be.





9. Insert the connectors in the back\left\right panels through the holes on the top panel. Connect them and then cover the top panel. Make sure that the cables in the front left corners do not get pinched between the panels.



10.Fix the control panel,CD player and oxygen ionizer according to the instruction.



# Product warranty card

Product Name	Item Code
Product Number	
Distributor	Distributor Tel.
Assemling Date	Assembling Person
User's Name	User's Tel.
User's Address	
Remark	

# product maintenance record card

Product Number			Purch	ase Date		
Distributor			ributor Distributor Tel.			
Malfunction Phenomenon		Names & Numbers Of replacements	Quantity	Maintenace Result	User's Signatulle	Mainlainer's Signature